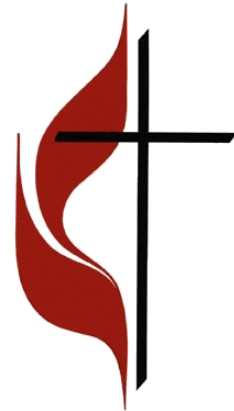


September 2009



**CHANGING TIDES
Newsletter**

***Estero Bay
United Methodist Church
3000 Hemlock Ave.,
Morro Bay, CA 93442
Wave-lengths***

I, therefore... beg you to lead a life worthy of the calling to which you have been called, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling,... Ephesians 4:1-4

“Is it already September? Yikes, where has the time gone”! That is the cry of students, parents, and teachers alike as they find themselves back into the routine of school. That statement rose to my lips, too - where has the time gone!

This summer the church has been spit- shined (thanks to all our hard workers), walls, offices and furniture have been moved, and a classroom painted. Sprinklers have been repaired, a leaky pipe fixed, and the community garden expanded. Fall cleaning, someone called it. What a great way to get ready for the school year and for another year in the life of the church, especially as we are such a busy place.

Did you know our campus is used for AA meetings, the EBUMCC Afterschool Program, adult bible studies, choir practice, UMW events, youth events, The Community Garden, Sunday School, worship and more? How wonderful it is that so many lives are touched by our presence in the community. How wonderful it is that we are able to be flexible in our use of space.

As we extend the hand of Christian friendship to others in the community I am reminded of Paul’s call for unity. Unity in the bond of peace is possible because we are one in body and Spirit, we are one in the Lord.

I look forward to sharing worship with you.

Shalom,

Pastor Paula



News and Notes

- **Coffee with the Pastor** Have you signed up for coffee, tea or lunch with Pastor Paula? Don't delay! Call the office now to reserve a time.
- **A Time for Witness** How wonderful it is that God works in our lives in many different ways. Are you open to sharing how God has been present in your life, in this community of faith? If so, please see Pastor Paula.
- **"Request for Payment Forms"** are located next to the mailboxes in the church office. If you need reimbursement for expenditures on behalf of the church, please attach receipts to the completed form and turn it in to Kate in the office.
- **A reminder to leaders** of PPRC, Trustees, Leadership Council, Memorial Fund, and Finance Committee: please check your mailboxes regularly (located on the wall just inside the office door) - thanks.
- **Pastor Paula will be out of the office** Sept 28 - Oct 4. Pastor John Wood will be preaching Oct 4.
- **Several members have recently shared beautiful cakes** in celebration and remembrance of special birthdays and anniversaries. These contributions set several minds to thinking...what a lovely way to remember the birthday or anniversary of loved ones by bringing cake! There are many open dates on the calendar for you to sign up for refreshments and coffee, and there's always a helping hand or two in the kitchen if you're unsure of the coffee procedure.

September Birthdays

Children's Center

Otis K. 2

Kaden C. 6

Ana G. 13

Jesse R. 13

Jane H. 16

Justin C. 19

Billy S. 20

Jessica C. 22

Noah L. 26



UMC

May Daley 21

Jack Smith 24

If we have missed your birthday, please let the office know and we'll be sure to add you to the list!



- **Junior High and High School**

- **Swim Party September 13!**

- Join us for an afternoon at Camp Arroyo Grande – a time to swim, make new friends, and relax. This event is open for 6th – 12th graders. Bring a towel and your swimsuit. If you want lunch we will either stop at Mac Donald’s (so bring \$\$) or bring a sack lunch. We will leave the church parking lot at noon and return between 4:30 and 5pm. RSVP to Pastor Paula by Sept 9. Permission slips will be required.

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- - **United Methodist Women**
 - Will reconvene Thursday, September 10, 2009
 - Executive Board at 10:30 a.m.,
 - Luncheon 12:00 noon, hostesses Kathryn Limon, Kathryn Evans, Peggy Evans
 - Program coordinator Nancy Frey.
 - All are welcome!
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United Methodist Children's Center

Welcome back one and all to the 2009-10 school year! We are looking forward to a year filled with joy, laughter, learning and friends. We're excited to welcome back many of our wonderful families and to welcoming new families. Here at the UMCC we have many opportunities for parent involvement: Family Movie Night, Parent's Night Out, Park Social, Sunday Picnics, Craft and Cooking Night, Talent Show, Family Flag Football, Field Trips, and the Community Garden, just to name a few. We encourage each family to discuss your goals and needs for your child with our staff so we can best serve your family. If you are interested in helping with any of these events, please contact our staff! Morro Bay UMCC has 58 children enrolled in Preschool, Kinder Care and After School programs, with 9 qualified and dedicated staff members ready to create a safe and nurturing environment for the children and families of our community. Enrollment is still open for all of our program options-please contact Christy at 772-7897 if you or someone you know is interested. Thank you all for your support, prayers, encouragement and faith that our program will flourish and continue to grow.

Peace to all. - **Christy**

Good News from the Community Garden

The Estero Community Garden has increased its size to over 40 plots, thanks to help from the Summer Corp of the CA



Conservation Corp. August and September are a perfect time to start planting cool season vegetables that thrive in Morro Bay's marine climate. There are 12 new plots for rent - sign up today for yours! The plots are \$65 per year.

Please call Johannah Varland, Head Gardener, at 772-9580 to reserve your 15'x15' garden plot



Junior High and High School Swim Party September 13!

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Luncheon 12:00 noon, hostesses Kathryn Limon, Kathryn Evans,
Peggy Evans
Program coordinator Nancy Frey.
All are welcome!

Food for thought about Apportionments (from the Finance Committee)



Apportioned funds enable United Methodists to do together what no church, district or annual conference could do alone. The seven funds under our church's "Apportionment umbrella" support outreach in the following ways:

- paving-the-way for African students to pursue higher education,
- enriching 11 historically Black colleges,
- nurturing our bishops in their ministry,
- providing the financial backbone for General Conference,
- preserving our church history for future generations,
- cooperating with people of other faiths and
- strengthening seminarians in their spiritual journey.

Yes, all of this and more!

Carolyn Neuman

Methodism 101

Ever wonder what made John and Charles Wesley tick? Ever wonder what we mean when we talk about grace? Do you want to know more about core Methodist beliefs? Well then this series is just for you. We will meet for 5 – 1.5 hour sessions. Topics to be covered are:

1. History: The Wesley Boys: Who, What, When
2. Basic Beliefs: It's Not Geometry: 3s and 4s; The Trinity
3. Basic Beliefs: It's Not Geometry: 3s and 4s; The Quadrilateral
4. Basic Beliefs: Grace and Forgiveness: More Than a Prayer, More Than Saying I'm Sorry
5. Basic Beliefs : Social Principles: Our Role in the World

Classes will start in October. The date is to be determined. An interest sheet is on the bulletin board to notate your availability. For more information see Pastor Paula.

Wednesday Lectionary Study and Prayer Group

We will meet from 10 a.m. - 11 a.m. in the sanctuary, beginning September 16. Meetings will be weekly. We'll pick 1-2 scriptures from the weekly lectionary to discuss. All are welcome.

SEPTEMBER LECTIONARY

September 6, 2009

Fourteenth Sunday after Pentecost

Proverbs 22:1-2, 8-9, 22-23

Psalms 125 or Psalm 124 (UMH 846)

James 2:1-10 (11-13) 14-17; Mark 7:24-37

September 13, 2009

Fifteenth Sunday after Pentecost

Proverbs 1:20-33

Psalms 19 (UMH 750)

James 3:1-12; Mark 8:27-38

September 20, 2009

Sixteenth Sunday after Pentecost

Proverbs 31:10-31

Psalms 1 (UMH 738)

September 27, 2009

Seventeenth Sunday after Pentecost

Esther 7:1-6, 9-10; 9:20-22

Psalms 124 (UMH 846)

James 5:13-20; Mark 9:38-50



We hold in our prayers

Donna Focht and family
 Dave & Gari Stinebaugh
 Ed & Margie Perry's family
 The Limon Family
 Nicole Davis
 Betty Winholtz and family

Estero Bay United Methodist Church
 Address: 3000 Hemlock Ave. Morro Bay, CA 93442
 (Mail ~ P.O. Box 234~Morro Bay 93443)
 Church Phone: 805-772-7644 ~ Parsonage: 805-772-8740
 Pastor Paula Email pastorpvh@gmail.com
 Church Office Email: ebumcmb@yahoo.com
 Pastor: Paula Hulet
 Resident Bishop: Mary Ann Swenson
 District Superintendent: Rev. Catie Coots
 Office Hours: Tuesday-Friday, 9:00 a.m. to 1:00 p.m.
 Pastor Paula's Sabbath is Monday.

SEPTEMBER 2009 CALENDAR

Event	Day/Date	Time	Location
AA	Tues. 1,8,15,22,29	8:00 p.m.	Social Hall
Finance Committee	Tuesday 8 th	10:00 a.m.	Pastor's office
October Newsletter Deadline	Tuesday 22 nd	9:00 a.m.	Office
Lectionary Study and Prayer Group	Wednesday 16,23	10 -11 a.m.	Sanctuary
Children's Center Board	Wednesday 9 th	10:00 a.m.	Social Hall
Choir	Wednesday 2,9,16,23,30	6:30 – 7:30 p.m.	Sanctuary
UMW Exec. Board	Thursday 10 th	10:30 a.m.	Social Hall
UMW Luncheon	Thursday 10 th	12:00 noon	Social Hall
Jr. & Sr. High Swim Party	Sunday 13 th	12:00 - 5:00 p.m.	Camp Arroyo Grande